

REMEMBER:

Call the school on each day your child is absent and send a written excuse when your child returns to school. If your child is seen by a doctor, please send a doctor's excuse to the school.

(610) 841-3588



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**CAI LEARNING
ACADEMY**

**A PARENT'S
GUIDE TO
SICKNESS AND
SCHOOL**



IS YOUR CHILD TOO SICK FOR SCHOOL?



SHOULD YOUR CHILD SEE A DOCTOR?



HOW LONG TO STAY HOME?

Mild Cough/Runny Nose	NO ❌ if no fever		
Mild Sore Throat	NO ❌		
Bad Cough/ Cold Symptoms	YES ✅	YES ✅ if cough does not improve or gets worse	Stay home until cough is mild and child is feeling better, then back to school.
Diarrhea or Vomiting	YES ✅		Stay home for 24 hours after the last episode.
Fever	YES ✅ if fever is over 100°	YES ✅ if fever is higher than 103° with medication	Stay home when the fever is 100° or higher in the AM. Drink liquids. Return to school when fever has been below 100° for 24 hours without fever- reducing medication.
Severe Sore Throat	YES ✅	YES ✅ if severe or with upset stomach or headache, may need test for Strep	Stay home if severe. If Strep, may return to school 24 hours after starting antibiotics.
Earache	YES ✅	YES ✅	
Pink Eye	YES ✅	YES ✅	Stay home until the doctor says that it's okay to return to school or for 24 hours after the start of treatment.
Rash	YES ✅	YES ✅ for boils, hives, animal or insect bites, open wounds	Stay home until the doctor says that it's okay to return to school.